



Massachusetts Council of Activity Professionals

Application for Membership

800 South Street, Suite 280

Waltham, MA 02453

Tel 617-558-0202 · Fax 617-558-3546

www.theMassCAP.org

WHAT IS THE MASSACHUSETTS COUNCIL OF ACTIVITY PROFESSIONALS?

The Massachusetts Council of Activity Professionals (MassCAP) is a professional organization of activity coordinators established in Massachusetts in 1975. Activity professionals work in nursing facilities, assisted living facilities, senior centers, senior residences, community agencies, and adult day health programs. Membership in MassCAP is open to anyone interested in improving activity programming, participating in educational opportunities, and exchanging ideas with colleagues in the health care professions. MassCAP works with its membership, with other health care providers, and with regulatory agencies to ensure that activities programs exist which encourage the elderly to lead full and challenging lives.

WHAT IS AN ACTIVITIES PROFESSIONAL?

Activities professionals understand that the absence of meaningful activity may lead to anxiety, boredom, depression, and ultimately, to deterioration of mental and physical functioning among those we serve. Dysfunction is often reversible through engagement in therapeutic programming, enhancement of the activities of daily living, chosen varied activities, and vocational pursuits.

Activity professionals assess clients in order to develop and implement programs that assure a daily variety of possibilities in which each elderly person may foster relationships, and maintain chosen interests, whatever their ability level, and or setting in which they live. Adaptations and team training are continual.

MEMBERSHIP BENEFITS:

1. Access to complementary Zoom workshops with contact hours (during pandemic)
2. Membership Card
3. Copy of By-laws
4. Access to Job Bank information – posting and utilizing the Job Bank when pursuing a job
5. Quarterly newsletter - 'IMPACT', which updates membership on professional and legislative issues and is a forum to share news among others in our profession
6. Discounted registration fee for our in-person educational seminars, including a statewide annual two-day conference (to resume once the pandemic restrictions have been lifted).
7. The right to vote, hold office, and nominate peers for office or award recognition
8. MEMBER DIRECTORY - which includes information about satellite groups, workshops, and Board Officers' contact information.

Annual Membership Fee:* \$50

Make check payable to: **MassCAP** Mail to: Massachusetts Senior Care Association
800 South Street, Suite 280
Waltham, MA 02453
For information call: (617)-558-0202

***Membership in MassCAP is an *individual* membership, not a facility membership. Membership is for one year beginning on January 1 and ending on December 31.**

MassCAP Executive Board

President- Sandy Sarza
Secretary- Leanne Agius

Vice President- Rosey Beckford
Treasurer- Laurie Friis

Massachusetts Council of Activity Professionals

Application for Membership/Renewal
January 1 – December 31, 2021

Please type or print clearly

One application form per individual

Name: _____

Current Membership Number (if renewal): _____

Email Address: _____

Home Address: _____

City: _____ State: _____ ZIP Code: _____

Home (OR CELL) Telephone: _____

Referred by MassCAP Member: _____

Member's Facility: _____

Facility Name _____

Facility Address: _____

City: _____ State: _____ Zip Code: _____

Facility Telephone: _____ Your Title: _____

Send mailings to: my Home (recommended) my facility

I am paying by **personal** check or credit card.

Credit card: MasterCard Visa American Express

Account #: _____

Exp. Date: _____ Billing Zip Code: _____ Security Code: _____

Name on Card: _____ Signature: _____

Make \$50.00 check payable to MassCAP & mail to:

MassCAP

Massachusetts Senior Care Association

800 South Street, South 280, Waltham, MA 02453

Telephone: 617.558.0202 Fax: 617.558.3546

WHY JOIN MASSCAP?

MEET OTHERS WORKING IN OUR PROFESSION – IN SIMILAR SETTINGS- LEARN ABOUT OTHER PLACES TO WORK!! STAY UP TO DATE ON REGULATIONS! FIND OUT HOW TO MAKE OUR TASKS AND PROGRAMS EASIER AND MORE INTERESTING! RECEIVE DISCOUNTS FOR WORKSHOPS AND SEMINARS! EARN CONTACT HOURS! GAIN CONFIDENCE AS A PROFESSIONAL WITH SUPPORT FROM OTHERS IN THE SAME PROFESSION! ASK QUESTIONS! TACKLE ISSUES! SOLVE PROBLEMS! HAVE FUN, MAKE NEW FRIENDS! JOIN US! SOME MEMBER SERVICE SETTINGS:

*Skilled Nursing Care Facility
Assisted Living Facility
Rehabilitation Center*

*Adult Day Health Program
PACE Center
HOME CARE*

*Senior Center
Memory Care Unit
Continuing Care Retirement Community...*

*Hospital TCU
Rest Home*