



"Massachusetts is Standing Together to Prevent Falls"

The **Massachusetts Falls Prevention Coalition** with co-sponsor, the American Physical Therapy Assn. of Massachusetts Invite You to Attend Our Falls Prevention Awareness Day Event and Resource Fair



When: Tuesday, September 19, 2017

Program begins at 10:00 am

Where: Great Hall and the Grand Staircase
State House, Boston



In **Massachusetts**, within one year over **one in four** community-dwelling older adults will **fall** and of those who fall, over **one in three** will be **injured**. However, through some very simple lifestyle changes-most falls can be **prevented**.

Falls Prevention Awareness Day is a great opportunity for everyone to learn how to reduce risks for falls and fall injuries and more importantly how to **prevent falls** from happening. Event highlights:

🍁 Discover the Steps to Prevention

🍁 Meet Legislators

🍁 Receive Helpful Information, Free Giveaways and Watch Live Demos

🍁 Enjoy Light Refreshments

For more information about the event and the MA Falls Prevention Coalition, please contact Helen Magliozzi: 617 558-0202; hmagliozzi@maseniorcare.org
http://www.maseniorcarefoundation.org/Initiatives/Falls_Prevention.aspx



If you are Deaf or hard of hearing, or are a person with a disability who requires accommodation, please contact: Carla Cicerchia by 9/8/17 @ (617) 624-5965 or e-mail @ carla.cicerchia@state.ma.us .

Special thanks to Rep. Mathew Muratore for sponsoring this State House event.

